



Self-Assessment of the Attributes of the Threefold Flame

Instructions:

1). Evaluate yourself on the list of attributes on the following pages according to the following scale:

10 Always / 7 Almost always / 5 Often / 3 Sometimes / 1 Almost never

Example: Try to use the word or phrase in a sentence, rating it with one of the underlined words.

"I can almost always be trusted," "I am almost never persistent."

2). Record the score for each attribute in the box corresponding to the attribute number.

3). After scoring each attribute, sum the scores for each column and write the total in the empty box at the bottom of the column.

1. Aesthetic _____

2. Hardworking _____

3. Patient in achieving goals _____

4. Grateful _____

5. Responsible _____
6. Mystical _____
7. Analytical _____
8. Initiator _____
9. Sensitive to others _____
10. Perceptive _____
11. Courteous _____
12. Decisive _____
13. Family-oriented _____
14. Intuitive _____
15. Brave _____
16. Good-looking _____
17. Frank _____
18. Precise _____
19. Meticulous _____
20. Disciplined _____
21. Sociable _____
22. Organized _____
23. Supportive _____
24. Tidy _____
25. Maternal _____
26. Successful _____
27. Competent leader _____
28. Affable _____
29. Productive _____
30. Adventurous _____

31. Quick learner _____
32. Practical _____
33. Sacrificing _____
34. Visionary _____
35. Humanitarian, Philanthropist _____
36. Uses power correctly in a social and political context _____
37. Affectionate _____
38. Detail-oriented _____
39. Balanced _____
40. Cooperative _____
41. Strong sense of justice and impartiality _____
42. Conscientious _____
43. Understanding _____
44. Conciliatory _____
45. Loyal _____
46. Makes sound decisions _____
47. Reliable _____
48. Punctual _____
49. Helpful _____
50. Prudent _____
51. Realistic _____
52. Artistic talent _____
53. Independent _____
54. Imaginative _____
55. Modest _____
56. Motivated _____

57. Generous _____
58. Creative _____
59. Compassionate _____
60. Efficient _____
61. Caring _____
62. Adaptable _____
63. Strong desire to succeed _____
64. Obedient _____
65. Responsible _____
66. Inventive _____
67. Idealistic _____
68. Scrupulous _____
69. Careful _____
70. Expresses oneself clearly and fluently _____
71. Kind _____
72. Hardworking _____
73. Devoted _____
74. Orderly _____
75. Protective _____
76. Loving _____
77. Enthusiastic _____
78. Provides constructive criticism _____
79. Communicative _____
80. Energetic _____
81. Considerate _____
82. Insightful _____

83. Optimistic _____
84. Competent _____
85. Useful _____
86. Sense of humor _____
87. Entrepreneurial _____
88. Open-minded _____
89. Pioneer _____
90. Candid _____
91. Systematic _____
92. Independent _____
93. Detached _____
94. Neat _____
95. Magnanimous _____
96. Organized _____
97. Cheerful _____
98. Versatile _____
99. Self-controlled _____
100. Sympathetic _____
101. Direct _____
102. Ingenious _____
103. Moral rectitude _____
104. Perseverant _____
105. Trustworthy _____
106. Impartial _____
107. Submissive _____
108. Serious _____

- 109. Passionate _____
- 110. Tutor, Advisor _____
- 111. Self-confident _____
- 112. Loving _____
- 113. Mission-driven _____
- 114. Thirsty for knowledge _____
- 115. Honest _____
- 116. Assertive _____
- 117. Kind-hearted _____
- 118. Quick thinker and actor _____
- 119. Friendly _____
- 120. Self-disciplined _____